

Video 1: The Dominant 7th Chord Chain starting on C7 using the 1 – 3 – 7 position

In this exercise we start on C7 in the 1 – 3 – 7 position and move in half steps through all 12 chords before landing on C7 at the end. As you can see the 3rds and 7ths alternate as we descend.

7	3	7	3	7	3	7	3	7	3	7	3	7
Bb	A	Ab	G	Gb	F	E	D#	D	C#	C	B	Bb

3	7	3	7	3	7	3	7	3	7	3	7	3
E	Eb	D	Db	C	Cb	A#	A	G#	G	F#	F	E

C7	F7	Bb7	Eb7	Ab7	Db7	F#7	B7	E7	A7	D7	G7	C7
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The root moves in a cycle of 4ths through all 12 chords.

Video 2: The Dominant 7th Chord Chain starting on C7 using the 1 – 7 – 3 position

By starting in the 1 – 7 – 3 the order is reversed

3	7	3	7	3	7	3	7	3	7	3	7	3
E	Eb	D	Db	C	Cb	A#	A	G#	G	F#	F	E

7	3	7	3	7	3	7	3	7	3	7	3	7
Bb	A	Ab	G	Gb	F	E	D#	D	C#	C	B	Bb

C7	F7	Bb7	Eb7	Ab7	Db7	F#7	B7	E7	A7	D7	G7	C7
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Starting on B7 you can repeat the progression starting in the 1 – 3 – 7 position.

Video 3: The Dominant 7th Chord Chain starting on B7 using the 1 – 3 – 7 position

7	3	7	3	7	3	7	3	7	3	7	3	7
A	G#	G	F#	F	E	Eb	D	Db	C	Cb	A#	A

3	7	3	7	3	7	3	7	3	7	3	7	3
D#	D	C#	C	B	Bb	A	Ab	G	Gb	F	E	D#

B7	E7	A7	D7	G7	C7	F7	Bb7	Eb7	Ab7	Db7	F#7	B7
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Finally, you can start on B7 in the 1 – 7 – 3 position to complete the exercise.

Video 4: The Dominant 7th Chord Chain starting on B7 using the 1 – 7 – 3 position

3	7	3	7	3	7	3	7	3	7	3	7	3
D#	D	C#	C	B	Bb	A	Ab	G	Gb	F	E	D#

7	3	7	3	7	3	7	3	7	3	7	3	7
A	G#	G	F#	F	E	Eb	D	Db	C	Cb	A#	A

B7	E7	A7	D7	G7	C7	F7	Bb7	Eb7	Ab7	Db7	F#7	B7
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